



WARRIORS NEWSLETTER

YOBUKAN KARATE

VOLUME 1, NUMBER 5

Upcoming 2017 Dates

Jun 5 – GENERAL MEETING
Jun 17 – YEAR END PARTY!
Jul 7-9 – Karate Summer Camp
Jul 15 – Gibbons - Pioneer Days Parade (Time TBA)
Aug 11-13 - Soke Cup – JAPAN
Sept 2017 – New Year of Karate
 (Date to be Announced)

Want to Get Involved?

Contact one of our Members;

Redwater

Tracey Lewyk
 780-289-2954

Gibbons

Colleen Duiker
 780-722-5029

Bon Accord

Jenny Rybie
 780-718-4563

JUNE CLASS CALENDAR 2017

SUN	Mon	Tue	Wed	Thu	Fri	SAT
				1 Bon Accord 6:15	2 Redwater 6:30	3
	5 Gibbons 6:00, 6:45, 7:45 General Meeting 6:30pm	6 Bon Accord 6:15 Redwater 7:45	7 Gibbons 6:00, 6:45, 7:45	8 Bon Accord 6:15	9 Redwater 6:30	10
	12 Gibbons 6:00, 6:45, 7:45	13 Bon Accord 6:15 Redwater 7:45	14 Gibbons 6:00, 6:45, 7:45	15 Bon Accord 6:15	16 Redwater 6:30	17 Year End Party Sensei's House
	19 Gibbons 6:00 6:45 7:45	20 Bon Accord 6:15 Redwater 7:45	21 Gibbons 6:00, 6:45 7:45 Last Class	22 Bon Accord 6:15 Last Class	23 Redwater 6:30 Last Class	24
	26	27	28	29	30	

**START
AND
DON'T
STOP**

REBELDIETITIAN.US

Forget about winning or losing - put your focus on learning and developing. It's a much better long-term strategy.
 Nicholas Gregoriades

Karate Viewpoints

We're on the Web!

www.yobukankarate.com

Follow Us On Facebook:
 yobukan Chito-Ryu Karate Club

A Few Words from the Parent Association

Well as the year comes to a close for the summer, we would like to thank all of you who participated in our fundraisers, you have helped make them a success. Semester 1 fundraising brought in \$5467.35. Out of this total \$2186.94 went to the members who participated for tournaments, banquets, clinics, and equipment. We are working on our numbers for Semester 2 and 3 and we should have those shortly.

Our last General Meeting will be held on June 5, 2017 6:30pm at Landing Trails School

Did You Know???

As a white belt, in order to achieve your first black stripe you must know Jodan Uke, Soto Uke, Uchi Uke, Gedan Berai, Mae Geri, and Choko Zuki. For your second black stripe you must know Kihon Dosa Ichi kata. For your third black stripe you must know Kihon Dosa Ni kata. To grade to yellow belt you must know all of these plus Zen Shin Ko Tai kata. In addition, Sensei evaluates your overall technique, your respect for yourself and others, your maturity and age and overall positive attitude. To get the coveted 'red' stripes, you must display leadership and exemplary performance and they are given completely at Sensei's discretion!

WARRIORS NEWSLETTER – Cont'd

28-FEB-18

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Advancement Recognition

Heartfelt Congratulations to our
Hardworking students!

May

White Belts

Tyler-Black Stripe

Belt Grading Results

We are proud to announce the results of our 3rd semester belt grading. Heartfelt congratulations go out to all of our successful students whose hard work and dedication has paid off.

Jody - Advanced to Orange Belt

Andi Mae – Advanced to Orange Belt

Colleen - Advanced to Yellow Belt

Josie - Advanced to Yellow Belt



Visit From Soke Sensei

On May 24th, 2017 we were honoured to have Soke Sensei and Higuchi Sensei from Kumamoto, Japan and Taneda Sensei from the BC Okanagan visit our dojo and instruct our members in kata, sequences of blocks, punches and kicks as well as bow. It was a good couple of hours of hard work, learning and fun. Check out the local paper for pictures and article of this event as well.



***Thank you for your support in the 2016/2017 Season,
we look forward to training with you again in fall!***