



WARRIORS NEWSLETTER

YOBUKAN KARATE

27-MAR-18

VOLUME 2, NUMBER 6

Upcoming 2018 Dates

May 4th – 6th – Sensei Higashi Clinic, Calgary (cost is free)

May 5th – Highway Clean Up

May 12th – Bon Accord Bottle Drive

May 12th – Highway Clean Up Rainout Day

June 16 – Bogu Tournament (Calgary)
Details to come

June 20 – Last Class (Gibbons)

June 21 – Last Class (Bon Accord)

June 22 – Last Class (Redwater)

June 24 – Year End Party at Sensei's House

July 6-8 – Yobukan Summer Camp

July 20-22 – Canmore Summer Camp

Want to Get Involved?

Contact one of our Members

Redwater

Tracey Lewyk

780-289-2954

Gibbons

Colleen Duiker

780-722-5029

Bon Accord

Terri Creusot

780-499-3924

APRIL CALENDAR OF EVENTS

SUN	Mon	Tue	Wed	Thu	Fri	SAT
1	2	3	4	5	6	7
	Easter Monday	Bon Accord 6:15 Redwater 7:45 Fees Due	Gibbons 6:00, 6:45, 7:45 Fees Due	Bon Accord 6:15	Redwater 6:30	
8	9	10	11	12	13	14
	Gibbons 6:00, 6:45, 7:45	Bon Accord 6:15 Redwater 7:45	Gibbons 6:00, 6:45, 7:45	Bon Accord 6:15	Redwater 6:30	
15	16	17	18	19	20	21
	Gibbons 6:00, 6:45, 7:45	Bon Accord 6:15 Redwater 7:45	Gibbons 6:00, 6:45, 7:45	Bon Accord 6:15	Redwater 6:30	Redwater Bottle Drive
22	23	24	25	26	27	28
	Gibbons 6:00, 6:45, 7:45	Bon Accord 6:15 Redwater 7:45	Gibbons 6:00, 6:45, 7:45	Bon Accord 6:15	Redwater 6:30	Edmonton Friendship Tournament
29	30					
	Gibbons 6:00, 6:45, 7:45					

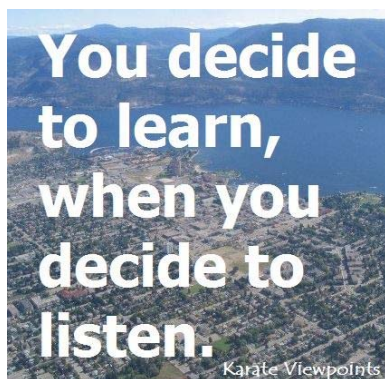
Special Note: Members and Parents from all three towns are encouraged to come out and support our three Bottle Drives. We hold one bottle drive in each town per year; Gibbons, Redwater and Bon Accord. It is a great opportunity to book some volunteer hours, have a fun day with your karate family and earn some **!MONEY BACK!** for tournament fees or other karate related expenses. **Don't miss out!**

DID YOU KNOW

Within our association, our students earn 6 belts to become a black belt. These are White, Yellow, Orange, Green, Blue, Brown, and then Black. At each belt level there are 3 stripes that must be earned as you get closer to the next belt level.

ORANGE BELT TO GREEN BELT

As a Orange Belt, in order to achieve your first black stripe, you must know Kihon Kata Ni. For your second black stripe you must know Tehodoki No Waza #1-10. For your third black stripe you must know Shime No Dosa. To grade to Green Belt you must know all of the above plus Seisan.



**You decide
to learn,
when you
decide to
listen.**

Karate Viewpoints

We're on the Web!

www.yobukankarate.com



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Yobukan Karate Club

WARRIORS NEWSLETTER – Cont'd

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VOLUME 2, NUMBER 6

Advancement Recognition For March

Heartfelt Congratulations to our Hardworking students!

Jaxen – White Belt Stripe
Terri – White Belt Stripe
Logan – White Belt Stripe
Ruby – White Belt Stripe
Lily – White Belt Stripe
Alice – White Belt Stripe
Jack – White Belt Stripe
Jayden – White Belt Stripe
Ellie – White Belt Stripe

Emma – Orange Belt Stripe

Steve H – Green Belt Stripe
Dirk – Green Belt Stripe

PINK SHIRT DAY

On February 28, 2018 we had our wear your Pink Shirt Day to class in support of preventing bullying. Again, Yobukan Karate Students and Sensei did not disappoint. Thank you for all who supported this important cause.



**"While performing
the kiai, you must
throw your spirit
with sound."** Anonymous



GIBBONS BOTTLE DRIVE

On March 17, 2018 we held our annual bottle drive in Gibbons with a Yobukan Burger at the end. It was the most successful bottle drive yet. We raised \$2,549.10. Thank you to everyone who participated. Let's keep the momentum going in Redwater and Bon Accord.

Belt Grading Results

We are proud to announce the results of our belt grading. Heartfelt congratulations go out to all of our successful students whose hard work and dedication has paid off.

Barry G – Yellow Belt
Steve D – Yellow Belt
Brent – Yellow Belt
Ashley – Yellow Belt

Kendra – Green Belt
Daniel H – Green Belt

