



# WARRIORS NEWSLETTER

## YOBUKAN KARATE

2-MAY-18

VOLUME 2, NUMBER 7

### Upcoming 2018 Dates

**June 16** – Bogu Tournament (Calgary)  
Details to come

**June 20** – Last Class (Gibbons)

**June 21** – Last Class (Bon Accord)

**June 22** – Last Class (Redwater)

**June 24** – Year End Party at Sensei's House

**July 6-8** – Yobukan Summer Camp

**July 14** – Gibbons Pioneer Days Parade (Details TBA)

**July 20-22** – Canmore Summer Camp

**SEPTEMBER 2018 YOBUKAN KARATA 10<sup>TH</sup> YEAR STARTS**

### Want to Get Involved?

#### Contact one of our Members

##### Redwater

Tracey Lewyk  
780-289-2954

##### Gibbons

Colleen Duiker  
780-722-5029

##### Bon Accord

Terri Creusot  
780-499-3924

### MAY CALENDAR OF EVENTS

| SUN                           | Mon                                  | Tue  | Wed                                  | Thu                      | Fri  | SAT   |
|-------------------------------|--------------------------------------|--|--------------------------------------|--------------------------|--|---|
|                               |                                      | 1<br>Bon Accord<br>6:15<br>Redwater<br>7:45  | 2<br>Gibbons<br>6:00, 6:45,<br>7:45  | 3<br>Bon Accord<br>6:15  | 4<br>Redwater<br>Cancelled<br><br>Sensei<br>Higashi Clinic | 5<br>Sensei<br>Higashi Clinic<br><br>Highway<br>Clean Up                |
| 6<br>Sensei<br>Higashi Clinic | 7<br>Gibbons<br>6:00, 6:45,<br>7:45  | 8<br>Bon Accord<br>6:15<br>Redwater<br>7:45  | 9<br>Gibbons<br>6:00, 6:45,<br>7:45  | 10<br>Bon Accord<br>6:15 | 11<br>Redwater<br>6:30                                     | 12<br>Bon Accord<br>Bottle Drive<br><br>Highway<br>Clean Up<br>Rain Day |
| 13                            | 14<br>Gibbons<br>6:00,6:45,<br>7:45  | 15<br>Bon Accord<br>6:15<br>Redwater<br>7:45 | 16<br>Gibbons<br>6:00, 6:45,<br>7:45 | 17<br>Bon Accord<br>6:15 | 18<br>Redwater<br>6:30                                     | 19  |
| 20                            | 21<br>Gibbons<br>6:00, 6:45,<br>7:45 | 22<br>Bon Accord<br>6:15<br>Redwater<br>7:45 | 23<br>Gibbons<br>6:00, 6:45,<br>7:45 | 24<br>Bon Accord<br>6:15 | 25<br>Redwater<br>6:30                                     | 26  |
| 27                            | 28<br>Gibbons<br>6:00, 6:45,<br>7:45 | 29<br>Bon Accord<br>6:15<br>Redwater<br>7:45 | 30<br>Gibbons<br>6:00, 6:45,<br>7:45 | 31<br>Bon Accord<br>6:15 |  |   |

**Special Note:** Members and Parents from all three towns are encouraged to come out and support our three Bottle Drives. We hold one bottle drive in each town per year; Gibbons, Redwater and Bon Accord. It is a great opportunity to book some volunteer hours, have a fun day with your karate family and earn some **!MONEY BACK!** for tournament fees or other karate related expenses. **Don't miss out!**

### DID YOU KNOW

Within our association, our students earn 6 belts to become a black belt. These are White, Yellow, Orange, Green, Blue, Brown, and then Black. At each belt level there are 3 stripes that must be earned as you get closer to the next belt level.

#### GREEN BELT TO BLUE BELT

As a Green Belt, in order to achieve your first black stripe, you must know Taisabaki #1-4. For your second stripe you must know Ni Sei Shi Dai. For the third stripe you must know Ni Sei Shi Bunkai. To grade to Blue Belt you must know all the above and Ro Hai Sho.

**Bowing is an expression of gratitude and respect. You are thanking your opponent for giving you the opportunity to improve your technique.**

Jigoro Kano

Karate Viewpoints

**We're on the Web!**

[www.yobukankarate.com](http://www.yobukankarate.com)



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Yobukan Karate Club

# WARRIORS NEWSLETTER – Cont'd

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## Advancement Recognition For April

**Heartfelt Congratulations to our  
Hardworking students!**

Gavin – White Belt Stripe  
Chase – White Belt Stripe  
Hayden – White Belt Stripe  
Korben – White Belt Stripe  
Jaxen – White Belt Stripe  
Wyatt – White Belt Stripe  
Stephen M – White Belt Stripe  
Colleen DeSmet – White Belt Stripe  
Jayden – White Belt Stripe

Aurora – Yellow Belt Stripe  
Marion – Yellow Belt Stripe  
Kris – Yellow Belt Stripe  
Ben – Yellow Belt Stripe  
Owen – Yellow Belt Stripe  
Rachel – Yellow Belt Stripe  
Jacen – Yellow Belt Stripe  
Cordell - Yellow Belt Stripe

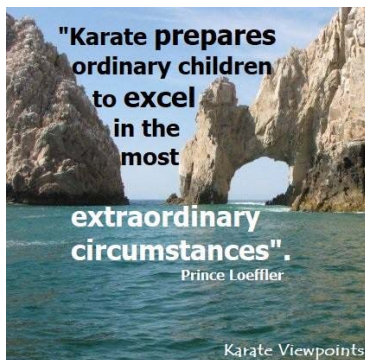
Andi Mae – Orange Belt Stripe  
Olivia – Orange Belt Stripe  
Reice – Orange Belt Stripe

## **REDWATER BOTTLE DRIVE**

On April 21, 2018 we held our annual bottle drive in Redwater. It was another great success with our Dojo earning \$1217.60. A big thank you to all the came out.

## **SATIWIN FRIENDSHIP TOURNAMENT**

On April 28, 2018, our dojo participated in the Satiwin Friendship Tournament. It was a great day for everyone. Our Yobukan team of 35 competitors brought home 40 Medals, 17 Gold, 15 Silver, and 8 Bronze.



## **Belt Grading Results**

We are proud to announce the results of our belt grading. Heartfelt congratulations go out to all of our successful students whose hard work and dedication has paid off.

Aven – Yellow Belt

Autumn – Orange Belt